

Wound Care Instructions following ED&C

1. Please leave your initial bandage on for the first 24 hours after surgery. Keep it clean and dry. Do not get the dressing wet.
2. After 24 hours remove the dressing that was placed on your skin at the time of the procedure. Do not get the dressing “waterlogged” as this can lead to wound breakdown.
3. After removing the dressing, wash the wound gently with soap and water. Current research has shown that scab formation inhibits wound healing and leads to more noticeable scars. This is contrary to the old belief that many of us grew up with: that scabs were “good.” Do your best to prevent scab formation.
4. After cleaning the wound, cover the procedure site with Vaseline using a clean Q-tip. Then cover the wound with a clean large band aid. Repeat this process for a total of two weeks after your procedure.
5. You may take Tylenol (acetaminophen) for any post-operative pain you may experience. Please avoid alcohol and aspirin-containing products for 48 hours after your surgical procedure because these can increase the risk of post-operative bleeding. This includes Ecotrin, Bufferin, Motrin, Advil, Nuprin, Ibuprofen, etc.
6. If you notice any bleeding after your procedure, place firm pressure over the wound for 20 minutes straight using a dry towel or washcloth. Do not remove the dressing. Once the bleeding has stopped, you may reinforce the dressing with some gauze and tape. If the bleeding does not stop, then contact us immediately.
7. If your wound becomes red, warm painful, begins to drain, or if you develop a fever of 100.4°F or greater, please contact us.

If you have any questions, please call (315)500-7546 during office hours. After office hours, please call the above number and leave a message with the on-call provider. If you do not hear back within 1 hour, please call this number again. In the event of a medical emergency, please seek immediate medical attention or dial 911.