

## Wound Care Excision

1. Please leave your initial dressing for the first 24-48 hours after surgery.
2. When ready to bathe, remove dressing. Do not get the dressing wet as this can cause the wound to get “waterlogged”. This can lead to wound breakdowns and delay the healing process.
3. Wash the wound gently with gentle soap and warm water.
4. After cleaning the wound, apply Vaseline directly on the surgical site using a clean Q-tip. Then cover the area with a clean dressing/ band aid. If you have sensitivities to adhesive, you may use gauze and paper tape or a silicone border dressing. For the next two weeks, repeat this once daily when bathing.
5. You may take Tylenol (acetaminophen) for any post-operative pain you may experience. Please avoid alcohol and aspirin-containing products for 48 hours after your surgical procedure because these can increase the risk of post-operative bleeding.
6. If you notice any active bleeding after your surgery, place firm pressure over the wound for 20 minutes straight using a dry towel or washcloth. Do not remove the dressing. Once the bleeding has stopped, you may reinforce the dressing with some gauze. If the bleeding does not stop after 20 minutes of applying pressure, then contact us immediately.
7. If your wound becomes red, warm painful, begins to drain, or if you develop a fever of 101°F or greater, please contact us.

If you have any questions, please call (315)500-7546 during office hours. After office hours, please call the above number and leave a message with the on-call provider. If you do not hear back within 1 hour, please call this number again. In the event of a medical emergency, please seek immediate medical attention or dial 911.

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